



**BATTLEMENT MESA GOLF CLUB**

3930 N Battlement Pkwy  
Battlement Mesa, CO 81635  
www.BattlementMesaGolf.com  
(970) 285-7274

**GRAND VALLEY RECREATION CENTER**

0398 Arroyo Dr.  
Battlement Mesa, CO 81635  
www.PBMPRD.org  
(970) 285-9480

**WESTERN TOWN COMMUNITY PARK**

273 Sipprelle Dr.  
Battlement Mesa, CO 81635  
programs@gvrc.net  
(970) 285-9480

**Golf Club Hours**

Mon-Fri 7am-6pm  
Saturday 7am-6pm  
Sunday 7am-6pm

**Rec Center Hours**

Mon-Fri 5am-9pm  
Saturday 9am-5pm  
Sunday 12pm-5pm

**Swimming Pool**

Mon-Fri 8am-8pm  
Saturday 10am-4:30pm  
Sunday 1pm-4:30pm

**Babysitting Hours**

**New Morning Hours!**  
Mon-Fri 8:30am-12:30pm  
Mon-Fri 4:30pm-8:30pm

Mon. - Fri. 8a -10a is reserved for FITNESS SWIM & the pool complex is closed from 1p-2p for training and swim lessons.

**Fall Swim Lessons**

**Saturday- 10:00 to 10:50**

**September 9,16,23,30**

**October 7,14,21,28**

**\$50**

**Level 2&3- Ages 6 and older**

**Preschool \$50**

**Monday/Wednesday**

**10:30-11:10**

**September 11,13,18,20,25,27**

**October 2,4**

**Buck Fever Fun Run**

Prices:  
\$15 Adult  
\$10 Youth  
\$10 Senior  
\$40 family of 4 (additional \$5 per person)

5K

October 21st, 2023  
Check in 7:30 Am  
Race starts 9:00 Am  
Men's and Women's:  
Youth (5-17 yrs)  
Adult (18-54 yrs)  
Senior (55-100 yrs) categories

Registration at pbmprd.org

Vendors, Games, T-shirts, Prizes and More  
Come join the stampede with us at the GV Rec Center!

Brought to you by: [Logos]

**"Buck Fever" Carrera Diver tida**

5K

21 Octubre 2023  
Facturación: 7:30 Am  
Carrera Comienza: 9:00 Am  
Categorías  
Hombres y mujeres:  
Jóvenes (5-17 años)  
Adultos (18-54 años)  
Mayores (55-100 años)

Precios:  
\$15 Adulto  
\$10 Jóvenes  
\$10 Mayores  
\$40 familia de 4 (adicional \$5 por persona)

Registro en pbmprd.org

¡Vendedores, juegos, camisetas, premios y más!  
¡Venga a unirse a la estampida en el Centro de Recreación GV!

Patrocinado por: [Logos]



**Movie Under the Stars**



**Rescheduled Showing**  
**Friday Sept 1 at Sundown**  
**Hosted at the Community Park**  
**No Concessions available**

Table Massage Full Body  
Where: Grand Valley Recreation Center  
Room: Battlement Mesa Room  
When: Every Other Friday  
Time: 3pm-8pm By Appointment

**30mins \$45**

**60mins \$90**

**90mins \$120**

SEPTEMBER 1st  
SEPTEMBER 15th  
SEPTEMBER 29th

**FRIDAY NIGHTS**  
**SCHEDULED TABLE**  
**MASSAGE**

To Schedule TEXT Jennifer  
**720.842.9323**

**COMING SOON!**

Infant Swimming Resource (ISR) lessons will now be available at the Grand Valley Recreation Center starting Monday, September 11th!

We teach children 6 months through 6 years of age and our mission is simple- "Not One More Child Drowns".

Please reach directly to our Certified ISR Instructor "Miss Starla" for more information or to sign up for lessons!

Starla Kalata

970-456-2611

s.kalata@infantswim.com



# Grand Valley Girls Basketball

3/4 Grade & 5/6 Grade  
Registration starts 8/3/23  
\$75 per player  
Coaches Needed  
More Information to come  
Season Starts in October



Any questions please call Grand Valley Rec Center 970-285-9480

## Junior and Youth Basketball

Junior Pre-K & Kindergarten \$30  
Youth 1st/2nd \$30

Registration opens September 6th  
Season starts end of October

### 2023-2024 DANCE AND TUMBLING SCHEDULE with Miss Shandice

**DANCE CLASSES**  
TUESDAYS, SEPTEMBER 5TH - MAY 14TH

- 3-4 COMBO CLASS 4:15 - 5:00 PM
- 5-6 COMBO CLASS 5:00 - 6:00 PM
- 7-9 COMBO CLASS 6:00 - 7:00 PM

**Ballet & Tap** \$40 PER MONTH

**TUMBLING CLASSES**  
THURSDAYS, SEPTEMBER 7TH - MAY 16TH

- 3-4 TUMBLING 4:30 - 5:15 PM
- 5-6 TUMBLING 5:30 - 6:30 PM

\$30 PER MONTH

### GRAND VALLEY HIKERS CLUB

The Grand Valley Hikers Club meets every Thursday on the 3rd level of the Grand Valley Recreation Center parking lot at 8:15am for a 8:30am departure. We hike trails throughout the Grand Valley, anywhere from 4 to 7 miles, although the norm is around 4.5 to 5.5 miles.

Transportation to the trailheads is by carpool, with each rider paying a pre-set amount to the driver. (Varies according to the destination.) We are always looking for new members. Bring water, lunch, hat, sunscreen, insect repellent, a basic first aid kit, and rain gear. Be prepared for possible foul weather as it can change quickly. Good hiking boots are highly recommended.

Hiking/trekking poles are optional. For further information, contact Tom Noel (tpnoel3@gmail.com)

Hiking places are in **RED** on the month schedule

### Flow Yoga

Starting August 9th  
Wednesdays 5:15 PM  
Saturday 9:30 AM

### SPECIAL FREE FITNESS CLASSES

- Silversneakers
- Active & Fit
- Healthy Contributions
- ALL INDIVIDUALS

For these fitness classes below

## Basketball Court Closures

Monday & Wednesday 5:30-7:30  
Tuesdays & Thursdays 5:30-6:30  
Half court Available  
Full gym Closure  
Wednesday 9/6 5PM-8PM  
9/27 5PM-8PM

**Monday** — WaterPower 9:00 AM ● Dance2BFit 9:00 AM

**Tuesday** — Laugh & Splash 9:00 AM ● Evening water aerobics 6:00 PM ● ★ Boom Muscle 9:00 AM

**Wednesday** — ★ Boom Splash 9:00 AM ● Dance2BFit 9:00 AM ● Flow Yoga 5:15 PM

**Thursday** — Laugh & Splash 9:00 AM ● Evening water aerobics 6:00 PM

**Friday** — ★ Boom Muscle 9:00 AM

**Saturday** — Flow Yoga 9:30 AM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b> GVRC Closed for 	<b>5</b>	<b>6</b>  Adult Pick Up Basketball	<b>7</b> China Wall  USA Boxing 7:15 PM \$30 per class	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>  USA Boxing 7:15 PM \$30 per class	<b>12</b>	<b>13</b>  Adult Pick Up Basketball	<b>14</b> Rifle Falls  USA Boxing 7:15 PM \$30 per class	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>  USA Boxing 7:15 PM \$30 per class	<b>19</b>	<b>20</b>  Adult Pick Up Basketball	<b>21</b> Lake of the Woods  USA Boxing 7:15 PM \$30 per class	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>  USA Boxing 7:15 PM \$30 per class	<b>26</b>	<b>27</b>  Adult Pick Up Basketball	<b>28</b> Crag Crest  USA Boxing 7:15 PM \$30 per class	<b>29</b>	<b>30</b>

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