June 2024 Page 1



BATTLEMENT MESA GOLF CLUB

3930 N Battlement Pkwy Battlement Mesa, CO 81635 www.BattlementMesaGolf.com (970) 285-7274



GRAND VALLEY RECREATION CENTER

0398 Arrovo Dr. Battlement Mesa, CO 81635

www.PBMPRD.org (970) 285-9480



WESTERN TOWN COMMUNITY PARK 273 Sipprelle Dr. Battlement Mesa, CO 81635 programs@gvrc.net (970) 285-9480



Golf Club Hours

Mon-Tues 7am-7pm Wednesday 7am-6pm Thurs-Sun 7am-7pm Mon. - Fri. 8a -10a is reserved for FITNESS SWIM & the pool complex is closed from 1p-2p for training and swim lessons.

Rec Center Hours

Mon-Fri 5am-9pm Saturday 9am-5pm Sunday 12pm-5pm

Swim ing Pool

Mon-Fri 8am-8pm Saturday 10am-4:30pm 1pm-4:30pm Sunday

Babysitting Hou

Mon-Fri 8:30am-12:30pm Mon-Fri 4:30pm-8:30pm

BASKETBALL COURT CLOSURES FOR THE MONTH OF JUNE



May 31st-Gym Closed 5pm-9pm

June 1-Gym Closed All Day

June 2-Gym Closed All Day

June 3-Gym Closed 9am-4pm

June 4-Gym Closed 9am-4pm

June 5-Gym Closed 9am-4pm

June 6-Gym Closed 9am-4pm

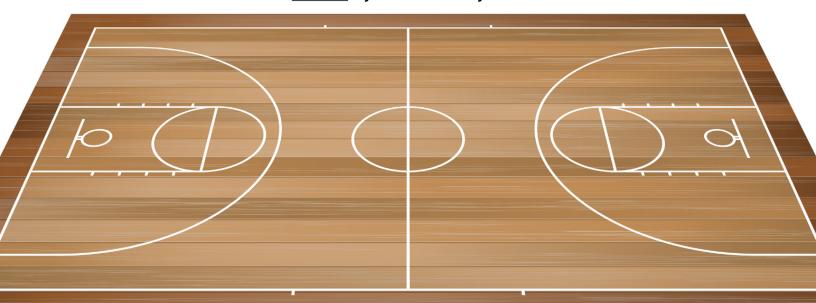
June 7-Gym Closed 5pm-9pm

June 14-Gym Closed 5pm-9pm

June 15-Gym Closed All Day

June 16-Gym Closed All Day

















GVRC Fitness Classes

Other GVRC Classes & Activities Available, See Front Desk Attendant

Universal Tickets— \$7.00 Each or \$52.00 for 8 Tickets
*Some Instructors have specials. Ask the front desk or the instructor for more information



Monday & Wednesday 9:00AM

"Splash" Water Aerobics

FREE

Wednesday 9:00AM



USA Boxing

Monday & Thursday 7:15PM

Session Price: \$30 per person

Ballet & Tap Classes \$40 Per Month Starts Tuesday September 5, 2023—May 14, 2024

3 - 4 Year Olds: 4:15 - 5:00 PM 5 - 6 Year Olds: 5:00 - 6:00 PM 7 - 9 Year Olds: 6:00 - 7:00PM

Tumbling Classes \$30 Per Month

Thursday September 7, 2023—May 16, 2024 3 - 4 Year Olds: 4:30 - 5:15 PM 5 - 6 Year Olds: 5.30 - 6:30 PM

Water Aerobics



Monday 9:00AM Tuesday & Thursday - 6:00PM

FREE TO ALL Including

SILVER SNEAKERS & RENEW ACTIVE

Boom Muscle - Tuesday 9:00AM Boom Muscle - Friday 9:00AM

GERI-FIT.

FITNESS PROGRAM FOR OLDER ADULTS

FREE TO ALL

Thursday 9:00AM

Vinyasa Flow Yoga



Instructor: Andrea Dazzi

Tuesday 5:15pm

Saturday 9:30AM

Starts June 1st

This class is appropriate for all levels.



June 2024 Page 4

| | June 2024 Page 4 | | | | | |
|---|-----------------------------------|-------------------------------------|-----------------------------------|---|---|----------------------------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| *Grand Valley Hikers club schedule is listed in red.* | | | | | | Basketball Court |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Basketball Court Closed | Basketball Court Closed | Basketball Court Closed | Basketball Court Closed | Basketball Court Closed | Basketball Court Closed 5-9 | Community Yard Sale |
| | USA Boxing 7:15 PM | Full Court Pickleball 6pm-9pm | Men's Pick Up Basketball 6pm | USA Boxing 7:15 PM Storm King | Skate Party | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Community Yard Sale | Full Court Pickleball 9am-11am | | Full Court Pickleball 9am-11am | USA Boxing | Full Court Pickleball 9am-11am | Basketball Court Closed |
| | USA Boxing 7:15 PM | Full Court Pickleball 6pm-9pm | Men's Pick Up Basketball 6pm | 7:15 PM Beaver Creek | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Basketball Court Closed | Full Court Pickleball 9am-11am | | Full Court Pickleball 9am-11an | | Full Court Pickleball 9am-11an | |
| | USA Boxing 7:15 PM | Full Court Pickleball 6pm-9pm | Men's Pick Up Basketball 6pm | USA Boxing 7:15 PM Elk Creek Elem | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | Full Court Pickleball 9am-11am | | Full Court Pickleball 9am-11am | | Full Court Pickleball 9am-11an | |
| | USA Boxing 7:15 PM | Full Court Pickleball 6pm-9pm | Men's Pick Up Basketball 6pm | USA Boxing 7:15 PM Colorow | Movie Under The Stars Community Park Sundown | |
| 30 | | | | | | |

Follow us on Facebook Grand Valley Rec Center