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BATTLEMENT MESA

3930 N Battlement Pkwy Battlement Mesa, CO 81635 www.BattlementMesaGolf.com (970) 285-7274



GRAND VALLEY

0398 Arroyo Dr.
Battlement Mesa, CO 81635
www.PBMPRD.org
(970) 285-9480



Mon- Thurs 7am - 7pm Fri-Sat 7am - 7pm Sunday 7am - 7pm Teatime starts 7:30am



### **Golf Club Hours**

<u>Pro Shop Hours</u> 9:30am-4:30pm w/ 11:30am shotguns daily-riding only!

### **Rec Center Hours**

Mon-Fri 5am-9pm Saturday 9am-5pm Sunday 12pm-5pm

# Swimming Pool

Mon-Fri 7am-8pm Saturday 10am-4:30pm Sunday 1pm-4:30pm

# **Babysitting Hours**

Mon-Fri 8:30am-12:30pm Mon-Fri 4:30pm-8:30pm

### **WEATHER PERMITTING**

Mon. - Fri. 7a -10a is reserved for FITNESS SWIM & the pool complex is closed from 1p-2p for training and swim lessons.







Grand Valley Recreation Center Friday November 7, 2025 11:00 – 2:30 PM

**Credit or Debit Cards Only** 





NOVEMBER 22, 2025 9:00 AM - 3:00 PM GRAND VALLEY HIGH SCHOOL 800 CARDINAL WAY PARACHUTE, CO 81635

WE ARE WORTH THE DRIVE!!!

Over 100 amazing vendors you won't want to miss.



November 1<sup>st</sup> all apperal & hats will be marked down 10% an additional 15% for all BMGC members. Shoes & golf bags will be marked down 5% an additional 5% for BMGC members!

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Grand Valley Hiking Group
We are always looking for new members.
We meet every Thursday on the 3<sup>rd</sup> level of
the Grand Valley Recreation Center parking
lot at 8:15 a.m. for an 8:30 departure.

ransportation to the trailheads is by carpoo with each rider paying a pre-set amount to the driver.

Bring water, lunch, hat sunscreen, insect repellant, a basic first aid kit, and rain gear. Be prepared for possible foul weather as it can change quickly. Good hiking boots are highly recommended. Hiking/trekking poles are optional.

**Contact Tom Noel 970-274-9214** 

Boys Basketball
Registration Will open
10/13/25
3rd/4<sup>th</sup> Grade \$75
5th/6<sup>th</sup> Grade \$75

5th/6<sup>th</sup> Grade \$75 Season will start after the new year

Practices days and times will Be determined By coaches

# DENVER BRONCOS

Watch Party

The Grand Valley Recreation

Center



Corn hole
3 Ball/Pool
Food Pulled Pork Sandwiches
Free Entry/Food
Cash Beer Bar \$4





2:15PM



11/16/2025

# WATER AEROBIC CLASS WATER AEROBIC CLASS

# **GVRC Fitness Classes**

FITNESS CLASSES ARE FREE EXCLUDING USA BOXING SEE BELOW FOR PRICING Want to try out a single class? Buy a single class for \$8.00.

Only valid for the day purchased, no access to the Rec Center



7:15PM

# Water Aerobics

Monday - Thursday 9:00AM Tuesday & Thursday - 6:00PM

**FREE with Membership** 

Boom Muscle - Tuesday 9:00AM Boom Muscle - Friday 9:00AM

**FREE with Membership** 



FITNESS PROGRAM
FOR OLDER ADULTS

FREE THURSDAYS 9AM-10AM

# Vinyasa Flow Yoga



Instructor: Andrea Dazzi Tuesday 5:15PM -Saturday 9:30AM

FREE with Membership

This class is appropriate for all levels.



# **Mighty Warriors**

THERAPY & TRAINING

Injury Prevention ~ Corrective Exercise
Video Motion Analysis ~ Personal Training
Optimal Performance

Contact: Christina Armentrout (970) 414-0040

November 2025 Page 4 Tuesday Sunday Monday Thursday Friday Saturday Wednesday BASKETBALL COURT CLOSED De 9A-4P 6 8 Grand Valley Recreation Center Full Court Friday November 7, 2025 Full Court Pickleball 9am-11am 11:00 - 2:30 PM Pickleball 9am-11am Credit or Debit Cards Only Full Court **USA Boxing USA Boxing** Full Court Pickleball Men's Pick Up Basketball 7pm Pickleball 9am-11am 7:15 PM 7pm-9pm 7:15 PM 13 Full Court Pickleball 9am-11am ETERANS DAL Full Court ickleball 9am-11am SOUP SOCIAL **USA Boxing USA Boxing** Men's Pick Up Basketball 7pm 7:15 PM 7:15 PM 16 18 19 DENVER **Full Court** Full Court BRONCOS 42nd Annual Pickleball 9am-11am ickleball 9am-11am Watch Party Graft Fair 4 Full Court ① 2:15PM **USA Boxing Full Court USA Boxing** Pickleball Men's Pick Up Basketball 7pm WE ARE WORTH THE DRIVE!!! or 100 amazing vendors you w want to miss. 7:15 PM Pickleball 9am-11am 7:15 PM 7pm-9pm 29 25 26 27 28 23 Happy **Full Court** Pickleball 9am-11am **GVRC CLOSES** Thanksgiving AT 2PM! GVRC CLOSED ALL DAY! Full Court **USA Boxing** Full Court Pickleball 7:15 PM Pickleball 9am-11am 7pm-9pm 30

# Follow us on Facebook Grand Valley Rec Center